

Snacks

Soup of the day **V** - varying soup, see our specials board at the bar € 6,75

Small garlic bread (white or whole grain) € 6,00 **V** Portion of mixed nuts * **V** € 4,95

Bread with aioli (white or whole grain) € 6,00 **V** Portion of cheese * **V** € 7,50

Mixed bread

with pesto, aioli, garlic butter and VEGAN HUMMUS € 9,00

Small plate of appetizers no frying (2 persons) € 18,50

Small plate of appetizers no frying (1 person) € 11,00

- Changing composition of cold and warm snacks

Tortilla Chips “The Works”

With minced beef, bell pepper, kidney beans, tomato and melted cheese

(1p/2p) € 11,50 / € 15,95

Tortilla Chips “Vega” With bell pepper, kidney beans, tomato and melted cheese, **V**

The tortilla chips are served with guacamole and sour cream.

(1p/2p) € 10,- / € 12,95

Rostade's

Try our lightly grilled sandwiches !

Ham and cheese € 7,95

Philly Cheese steak - prime rib, bell pepper, cheddar and salsa € 9,95

Cheese and pineapple **V** € 7,95

Vampire - meat. Onion and chili sauce (it's bloody hot...) € 8,95

Cheese and tomato **V** € 7,95

Ham, cheese and pineapple € 7,95

V = vegetarian choice

The above dishes can be ordered from 10 a.m. to 10 p.m.; the dishes marked * until 10:30 p.m

For information about allergens, please contact our employees.

In our lounges and restaurant the use of a bathrobe is required.

Breads

Fresh baked bread: at choice a white "giotto bread" or brown bread

The Healthy Choice tomato, boiled egg avocado and ham; cheese or both € 10,95

French Brie with honey and walnuts  € 10,95

Tuna Salad – homemade € 12,95

Chicken fillet - fried chicken fillet with beef beans, roasted onion and prawn crackers € 13,95


you can also choose for white or brown farmland bread € 0,50

Salmon – Salmon topped with capers, onions and sauce € 14,95

The burger - The Sauna van Egmond cheeseburger (150 grams of beef) € 19,50
on a brioche bun. On the side a creamy truffle mayonnaise and baby potatoes

With all sandwiches you can also opt for a large slice of farmhouse bread (white or brown) + € 0,50

We also have lactose and gluten-free bread + € 1,95

Rudolfo Mozzarella 'giotto bread' with tomato, pesto, onion and melted mozzarella  € 10,95

Vega wrap with grilled vegetables, guacamole and sweet potato chips  € 11,50

Mushroom burger Vegan burger with pickle, lettuce, onion, sweet and sour cabbage and mustard  € 15,75

Giotto bread with baked fillet of beef and pepper sauce € 14,75

Sandwich Roast Beef - with onion compote and wasabi mayonnaise € 14,75

Eggs

3 eggs sunny side up on slices of bread € 10,50

with ham (+ € 0,50) with cheese (+ € 0,50) or ham and cheese (+ € 1,00)

Omelet on slices of bread € 10,50

with ham (+ € 0,50) with cheese (+ € 0,50) or ham and cheese (+ € 1,00)




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Starters

Soup of the day 	€ 6,75
Mixed bread 	
with pesto, aioli, garlic butter and VEGAN HUMMUS	€ 9,00
Pepper mackerel tartare with avocado, tomato, onion, crème fraîche and a small bun	€ 14,95
Salmon Toast white or brown toast with fresh salmon topped with capers and onions	€ 14,95
Carpaccio red meat with truffle mayonnaise, bread and pesto butter	€ 14,95
Quiche of egg, spinach, sun-dried tomato, nuts and goat cheese 	€ 13,50



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From the land

Chicken Satay	Delicious pieces of tender chicken fillet	€ 19,95
Mandy's Satay	Chicken and pork fillet combined	€ 19,95
Fillet of Pork Satay	Grilled pieces of pork fillet	€ 19,95

All our satay dishes are served with a sweet piece of corn, atjar ketimoen, bread, garlic butter, fried onions, prawn crackers and peanut sauce.

The Burger	The Sauna van Egmond cheeseburger (150 grams of beef), served with baked baby potatoes and (truffle) mayonnaise.	€ 19,50
Spare ribs from Bas	Classic marinated spare ribs with salad (served with bread and garlic butter)	€ 23,95
Filet of Beef (pieces)	Tender pieces of tenderloin with a spicy pepper sauce or sweet oriental sauce Served with baked baby potatoes and a green salad.	€ 23,95
Bavette	Medium baked flank steak with baked mushrooms. Served with a green salad.	€ 27,00

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From the sea

On our monthly menu you can find a changing fish dish every month.

Vegetarian menu

Vegetarian soup	See the blackboard 	€ 6,75
Lasagna	This lasagna is made from red lentils together with organic spinach, pumpkin and mozzarella. 	€ 18,95
Oriental wok dish	Udon noodles with wok vegetables, curry sauce, nuts and oriental spices 	€ 18,95


 = vegetarian choice

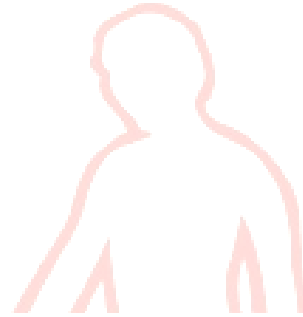
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Salads

Simone	Caprese salad with spicy piri-piri chicken fillet and mozzarella	€ 19,75
Lingetuin	Fresh lettuce with warm goat cheese, fried mushrooms and honey 	€ 21,25
Scheveningen	Fish salad with Fresh lettuce with smoked salmon, smoked trout and mackerel. Served with a dill cream sauce	€ 24,75



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Fresh Shake

Melksjaak Vanilla	Milkshake with vanilla flavour	€ 7,50
Melksjaak Strawberry	Milkshake with strawberry flavour	€ 7,50
Melksjaak Banana	Milkshake with banana flavour	€ 7,50

Delicious Desserts

Small refresher	Vanilla ice-cream, fresh squeezed orange juice and whipped cream *	€ 7,25
Big Refresher	Vanilla ice-cream, fresh squeezed orange juice and whipped cream *	€ 9,75
Dame Blanche	Vanilla Ice Cream with chocolate sauce and whipped cream	€ 8,75
Apple dessert	Warm apple pie crust with apple caramel sauce, vanilla ice, chocolate sauce and liquor 43	€ 10,95
Fresh fruit	Fresh fruit *	€ 4,95
Yogurt	With fresh fruit * with mixed nuts (+ € 1,50)	€ 7,50

Pastries

Apple pie 	€ 6,25	Cheese Cake with Oreo cookie and vanilla sauce 	€ 6,75
Muffins (4 stuks) 	€ 4,75	<i>All our pastries are served with whipped cream</i>	

Dessert wine

Moscatel de Douro	€ 5,50
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The taste of this wine is sweet with caramel and dried fruit. Perfect taste with cheeses and desserts.

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Drinks

Milk	€ 2,75	Rivella light	€ 3,30
Buttermilk	€ 2,75	Ginger Ale	€ 3,30
Mineral water noncarbonated	€ 2,95	Tomato-juice (spicy)	€ 3,40
Mineral water carbonated	€ 3,15		
Fanta Cassis	€ 3,15	<u>Fresh fruit juices:</u>	
Sprite refresh	€ 3,15	Orange-juice	€ 5,25
Fanta orange	€ 3,15	Grapefruit-juice	€ 5,25
Coca – cola	€ 3,15	Saunadrink orange/grape	€ 5,25
Coca – cola zero	€ 3,15	Buttermilk – Orange juice	€ 4,50
Bitter lemon	€ 3,15	Yoghurt – Orange juice	€ 4,50
Finley Tonic	€ 3,15	Apple-Pear-Raspberry	€ 5,25
Ice Tea/Ice Tea Zero (33cl)	€ 4,15	Apple juice (fresh)	€ 5,25
Ice – Tea Green (33 cl)	€ 4,15	Vitamin Bomb	€ 5,75
Mineral water (Spa 0,5 l)	€ 4,25		
Mineral water (Spa 1,0 l)	€ 5,75		

Specialities:

Aloë Vera Naturel	€ 4,15
Aloë Vera Pomegranate	€ 4,15
Aloë Vera Mango	€ 4,15
Fruit Smoothie	€ 7,25
Vegetable Smoothie	€ 7,25
Sauna Fit active water	€ 3,95
Elderflower lemonade	€ 4,00


The Vitamin Bomb is a mix of all our fresh juices

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Hot drinks

Teabar Thee	€ 3,00	Coffee Decafé	€ 3,40
Fresh mint tea	€ 3,80	Chai latte (kruidnagel en vanille)	€ 4,15
Fresh ginger tea	€ 3,80	Matcha Latte	€ 5,30
Coffee crème	€ 3,20	Irish Coffee	€ 8,00
Cappuccino	€ 3,40	French Coffee	€ 8,00
Italian Cappuccino	€ 3,40	Kiss of fire	€ 8,00
Espresso	€ 3,40	Spanish Coffee	€ 8,00
Latte Macchiato	€ 3,50	Hot Chocolate	€ 3,65
Espresso Macchiato	€ 3,50		
All our coffee can also be ordered with oat milk		+	€ 0,75
Whipped cream		+	€ 0,50

Tasty treats with coffee

Apple pie 	€ 6,25	Cheese Cake with Oreo cookie and vanilla sauce 	€ 6,75
Muffins (4 stuks) 	€ 4,75	<i>All our pastries are served with whipped cream</i>	

Spirits

Martini white	€ 4,40	Jonge jenever	€ 4,40
Port red	€ 4,40	Vieux	€ 4,40
Tia Maria	€ 5,90	Cointreau	€ 5,90
Wodka	€ 5,90	Grand Marnier	€ 5,90
Bacardi	€ 5,90	Amaretto	€ 5,90
Whiskey JW red label	€ 5,90	Licor 43	€ 5,90
Whiskey Jameson	€ 5,90	Gin	€ 5,90
Baileys	€ 5,90	Cognac	€ 5,90
Drambuie	€ 5,90		

Beers

Our beer specialists likes to be inspired by local specialties from the Haarlem brewery "Jopen"

but also regularly opts for a regional beer such as Skuumkoppe van Texel.

Depending on the season, we also occasionally serve a nice Belgian beer such as the Belgian gnome beer 'La Chouffe'.

Brand premium beer (tap)	€ 3,75
Heineken 0,0 (bottle)	€ 4,40
Speciality beer (tap or bottle)	€ 5,80

Wines

White

Chardonnay (France)

glass € 5,20 carafe € 12,75 bottle € 22,95

Pale yellow, bright color. subtle scent of melon and fig. Accessible Chardonnay from the south of France, dry and with ripe citrus fruit

Pinot Grigio (Italy)

glass € 5,40 carafe € 14,00 bottle € 25,00

Organic - Colpasso Catarratto Pinot Grigio Terre Siciliane: A surprising and exuberant dry white wine with a beautiful fruit balance. Swirling aromas of fresh fruit and blossoms.

Bereich Bernkastel (Germany)

glass € 5,20 carafe € 12,75 bottle* € 23,50

Classic sweet Moselle wine from Riesling and Müller-Thurgau: popular combination of fresh sour and fruity sweet.

* liter

Red

Merlot (France)

glass € 5,20 carafe € 13,75 bottle € 22,70

100% Merlot grape: This wine has a purple-red color and a beautiful, full and pure scent of ripe forest fruit. In the taste plum and again forest fruit.

Nero d'avola (Italy)

glass € 5,40 carafe € 14,00 bottle € 25,00

Organic – Deep full red color in the glass with an incredibly intense scent of black pepper and spices. Excellent balance and complexity, with a smooth, long finish

Rosé

Gris Blanc (France)

glass € 5,50 carafe € 14,50 bottle € 27,00

Pale pink color. Pronounced fruity notes and the taste is pleasantly fresh due to its fresh acidity.

This wine goes well with fried fish and spicy dishes, but also delicious as an aperitif.

Bubbels

Piccolo – small bottle (20 cl) festive sparkling prosecco

€ 11,95

Moët & Chandon "Brut Impérial" - Champagne

bottle € 115,50

Non-alcoholic

PasDuTout Mousseux - Piccolo of sparkling non-alcoholic wine (20 cl)

€ 11,95

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Thermen Beauty Sauna van Egmond

Thermen Beauty Sauna van Egmond offers you a complete and varied packet in the field of relaxing, body- and facial treatment. In our beauty parlour you can choose from a wide range of treatments, each carried out by expert beauty specialists using the very best ingredients. Exclusively, the products of the French top brand Thalgo are being used in a number of international health resorts.

The cleansing and vitalising effect from Thalgo on the body, as well as from the inside as the outside is large. This is because of the beneficial influence of seawater and weeds. Which are being assimilated.

Our beauty specialists are pleased to assist you by word and deed in a natural way to beauty and vitality. It goes without saying that both women and men can make use of the beauty parlour.

The sea gives... natural beauty and healthiness

A total approach, inside and outside and from head to toe, is important to increase the vitality. By this holistic approach not one part is being looked after, but the whole body.

Vitality with Thalgo

The products, programmes and methods of Thalgo are based on a natural, vitalising and wholesome effect from the sea and her ingredients. These offer you the possibility for a responsible care, which actually improve the skin and body functions.

Advice and personal attention

Everyone is unique. In this world, there are no two people the same, the same applies to the condition of skin and body. The Thalgo-institutes are pleased to advise you which products and treatments are good for you. The products for at home are available at the institutes.

In sixty countries Thalgo is a conception in the field of responsible, purposeful, revitalising and natural skin- and body treatment. The from origin French assortment is synonym to sea and seaweeds, the unique Greek-French combination for natural beauty and healthiness.

Medical patent

Twenty years of research, applications and survey have brought the 'Laboratoires B.L.C. Thalgo' to a leading place within the world of skin & body care. This is also being underlined by the fact that Thalgo has a medical patent on the preparation of the sea-weeds in the form of powder.

'The sea cures all diseases at the human being'

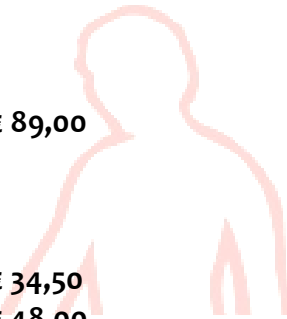
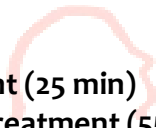
The sea, there where life began, possesses more therapeutic treasures than one can imagine. The combination of seawater, marine climate and microbial sea-weeds produce the most remarkable natural healing power in the world.

Alain Dogliani

chemist and founder of Thalgo

Various Beauty Treatments

Illuminating Radiance Facial Treatment cleanse, peeling and mask (25 min)	€ 39,95
Heart of the Ocean facial treatment (55 min) classic facial treatment for every skin type	€ 64,95
Relaxing Marine Facial Treatment (55 min)	€ 64,95
Ocean Men Facial Treatment (55 min)	€ 64,95
Beauty Expert Treatment (85 min) classic facial treatment inclusive specified mask fit to your skin condition	€ 85,95
Silicium Super lift ritual Facial Treatment (85 min) For repairing the youthful outlines and expression	€ 89,00
Maniquire Treatment (25 min)	€ 34,50
Maniquire Deluxe Treatment (55 min)	€ 48,00
Pediquire classic (45 min)	€ 45,00
Pediquire Deluxe (55min)	€ 55,00
Waxing of upper-lip	€ 10,00
Waxing of upper-lips and chin	€ 22,00
Waxing of armpits	€ 22,00
Waxing of bikini-line	€ 22,00
Waxing of lower legs	€ 27,00
Waxing of whole legs and bikini-line	€ 55,00
Waxing of shoulders and back	€ 36,00
Tint eyelashes	€ 15,00
Tint eyebrows	€ 15,00
Tint of both eyelashes and eyebrows	€ 25,00



Body Treatments

Marine Detox packing (55 min)

€ 62,95

Therapy with a de-poisoning and revitalising process, for relaxing and stimulating to cellulite

Cold Marine Treatment (55 min)

€ 61,95

A body treatment in which there is a massage with a strong nourishing pack. The skin is nourished in depth and is soft and supple again. A massage has never been so nourishing

Massage

It has been proven that the useful scientific effects of a massage after a sauna bath have a greater advantage. However, these effects can only be expected if the massage has been carried out expertly. As to that you need not worry in Sauna van Egmond. Our masseuses/masseurs have acquired the national recognized diploma (N.G.S.) and therefore have a substantial technical skill and thorough knowledge of anatomy and physiology.

We guarantee you that our massage team completely fulfils all these desires

Prices:

Leg massage	25 minutes	€ 38,50
Back massage	25 minutes	€ 38,50
Full body massage	55 minutes	€ 69,50
Couples massage	55 minutes	€ 69,50 (each)
Magnesium massage	50 minutes	€ 84,-
Magnesium massage	80 minutes	€ 110,-
Thai Foot massage	25 minutes	€ 38,50
Aroma massage	25 minutes	€ 41,00
Aroma massage	50 minutes	€ 72,00

Hydrojet

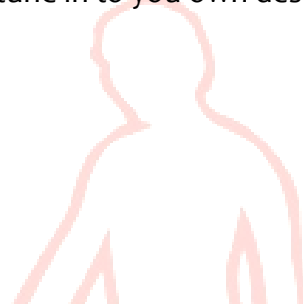
A massage through the power of water; our hydro jet on the first floor makes it possible

Tariff	15 minutes	€ 9,50
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Solar studio

On the second floor you will find two solariums. Each has 50 lamps and 3 ultra facial tanners. Ergoline is the best brand in this line of business. Only Sauna van Egmond possesses two of these solariums. Self evident there is a separate air-conditioning which you can tune in to you own desire.

Tariff	12 – 20 minutes	€ 12,50
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Thalgo program Soleil

For a justified tan Thalgo has several pre-sun and after sun products. Products for a good preparation from the inside and outside during and after sunbathing. La crème Solaire with factor 15 is extremely fit for the very light sensitive skin and for children.